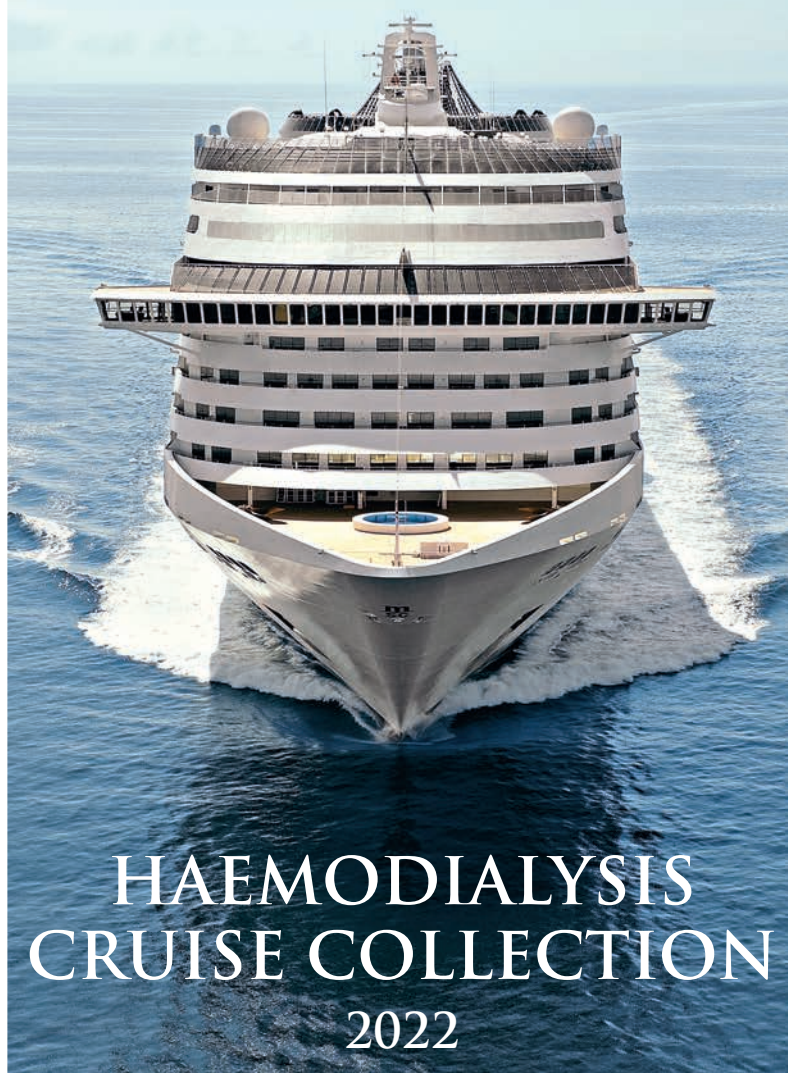




CRUISE DIALYSIS
WELCOME ABOARD



HAEMODIALYSIS
CRUISE COLLECTION
2022

AMBASSADOR CRUISE LINE CELEBRITY CRUISES
ROYAL CARIBBEAN CRUISE LINES
HAPAG LLOYD EUROPA2 CROISIEUROPE RIVER



CRUISE DIALYSIS
WELCOME ABOARD

*Lisa Parnell and her team
at Cruise Dialysis welcome
you to our 2022 brochure*

The team at Cruise Dialysis are specialist dialysis co-ordinators who put you and your dialysis needs first. As well as arranging your dialysis onboard we also take care of your cruise booking, flights and transfers, ensuring your holiday arrangements are made as smoothly as possible. We have many clients who book with us year after year and we are very proud of the service we offer. Our in-depth knowledge of cruising ensures we are well equipped to discuss all cruise, dialysis and accessibility options with you and we are always happy to answer any questions you may have. We love talking about cruising!

EXPLORE THE WORLD BY WATER

Ocean and River Cruising is a wonderful way to see the world. Take to the open seas and you can discover historic cities, idyllic islands and remote landscapes. Embark on an epic voyage or squeeze in a shorter trip closer to home.

Here at Cruise Dialysis, we love ocean and river cruising for the ease and leisurely pace. You can relax knowing we will take care of all of your holiday arrangements and your onboard dialysis leaving you just to enjoy your wonderful cruise. An experienced dialysis team and nephrologist are onboard each cruise so you can be assured of the best attention at all times.

With so many ships and itineraries to choose from we are sure you will be spoiled for choice. Our team has an in-depth knowledge of cruising and will be happy to answer your questions and recommend a cruise for you.

We offer cruises departing from the UK including Tilbury, Essex and Southampton or from ports all over the world.

For the first time we are also offering cruises along the River Douro in Portugal, one of Europe's most photogenic river valleys. Wherever you wish to go there is sure to be a cruise to take you there.

Please read through our brochure, take a look at the cruises on offer and even watch a video or two on our website, www.cruisedialysis.co.uk

Choose and start looking forward to your cruise, safe in the knowledge that your haemodialysis is available onboard.



MALDIVES



The Cruise Dialysis Difference

For individuals who require dialysis, cruises offering haemodialysis onboard ensure you can enjoy a relaxing cruise with your loved ones regardless of your medical condition. This is a fantastic way for dialysis patients to visit some of the most beautiful and exotic destinations in the World and experience the luxurious splendour of some of the seas' most celebrated cruise ships.

The dialysis unit onboard a cruise ship has all of the essentials you are familiar with – experienced, fully trained medical professionals including a Nephrologist, Nurses, beds, dialysis machines and a cup of tea!

When you are at home, dialysis usually takes the form of making your way to hospital, either by your own car or hospital transport, dialysing and then making your way home again. This whole process can be exhausting, three times a week, so isn't it time you experienced dialysis in a convenient, new, and exciting place where no travel is required to the dialysis unit?

Dialysis onboard a cruise ship is so easy. It's a quick walk to the dialysis unit and then as soon as your dialysis has finished, you are back on holiday, free to enjoy the wonderful facilities your cruise ship has to offer or to take

a shore excursion to somewhere you have always wanted to visit.

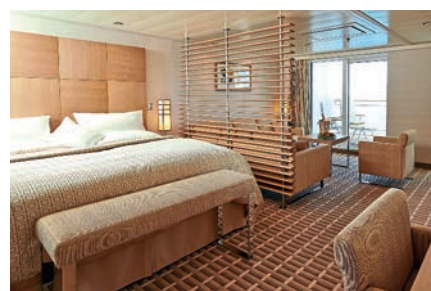
On most ships dialysis is arranged around the ports of call as far as possible leaving you time to explore or just enjoy your time relaxing onboard.

The staffing ratios exceed any land-based units with one Registered Nurse to two patients and personalised visits from the onboard Nephrologist during every dialysis session.

A wide variety of food is available almost anytime on cruise ships. Keep your kidney diet in mind while cruising. Ask the servers onboard about different meal options, such as vegetarian dishes or what types of protein-enriched foods they offer.

Book and travel in confidence – in the hands of experienced, fully trained medical professionals. To ensure optimum comfort, the on-board dialysis treatment is designed to mirror your land-based unit. Your requirements are always taken into consideration and strictly adhered to.

Each ship takes between only 4 and 12 patients per cruise therefore we suggest booking as early as possible, to avoid disappointment.



Accommodation For Your Needs

Wonderful ocean and river cruises are available on a variety of ships visiting the most beautiful and exciting destinations the World has to offer.

Our 2022 brochure lists all cruises available with haemodialysis onboard including Southampton and Tilbury, Essex departures.

So whether you are looking for family fun or exclusive luxury we have cruises to suit everyone.

We are also pleased to offer river

cruises along the Douro, Portugal.

Don't miss this fabulous opportunity to experience something different onboard a cruise with beautiful views along the way. All cabins onboard are en-suite and offer the comforts you can expect from your luxury floating hotel.

Choose from an interior cabin, a cabin with window or a cabin with your very own balcony. Or why not "push the boat out" and select a suite, some offering your own private butler.

Wheelchair Accessible Cabins

Wheelchair accessible cabins are available onboard the Europa2, Ambience, Celebrity and Royal Caribbean ships.

► Availability of wheelchair accessible cabins is very limited so we advise you to book as soon as possible to ensure availability.

Your Dialysis Treatments

For each cruise there is a dedicated dialysis unit onboard where your dialysis treatments will take place. The onboard dialysis team will care for you during your cruise and can be contacted 24 hours a day. Prior to your cruise we will obtain medical documentation from your dialysis unit so we are fully aware of your dialysis treatment requirements leaving you free to just enjoy your cruise.



Dialysis Session payment

For UK residents –

If the majority of ports visited during your cruise are within the EEA then you will be reimbursed the amount of the National Tariff approx £150 per dialysis session. Please confirm with your Dialysis Unit.

For Welsh residents – The Health Commission Wales may meet the cost of your dialysis onboard.

For Scottish residents – Your dialysis unit may meet the cost of your dialysis onboard.

For Southern Ireland residents –

Please check with your Holiday Dialysis Co-ordinator.

For Northern Ireland residents –

You will be reimbursed the cost of treatment in your 'home' Trust.

For Overseas residents

– Please check with your Dialysis Unit.

All patients should check with their Holiday Dialysis Co-ordinator the amount of reimbursement available. The EHIC/GHIC is not accepted onboard cruise ships.

Cost of Dialysis Sessions, per treatment
Europa2: €299 (approx. £251)



CroisiEurope: \$622 (approx. £475)
Ambassador: £575
Celebrity, Royal Caribbean: \$785 (approx. £599)
A medical processing/service fee is also payable.

Grants

You can apply to Kidney Care UK for a grant towards the cost of your holiday. Please visit www.kidneycareuk.org or ask your dialysis team.



Travel Insurance

It is a requirement that you hold full comprehensive travel insurance cover that is valid for the entire duration of your cruise and provides health cover for Covid-19, all pre-existing medical conditions and the cost of medical repatriations.

To discuss your travel insurance requirements, you may wish to contact the following companies or alternatively use a company of your own choice. The following companies are familiar with haemodialysis and offer insurance to cover pre-existing medical conditions.

All Clear Insurance

Please telephone 01708 339121 and quote reference CRD

Holiday Extras Insurance

Please telephone 0800 083 3551 and quote reference WK724.

Makesure

Please telephone 0203 8736718

Passports & Visa

Your specific passport and visa requirements, along with any other immigration requirements, are your responsibility and you should confirm this with the relevant Embassies and/or Consulates.

Neither we, nor the cruise line, accept any responsibility if you cannot travel because you have not complied with any passport, visa or immigration requirements.

It is very important that you check www.visacentral.co.uk for current visa information as regulations can change.

If you wish to join a shore excursion organised by the ship you may be covered by a group visa, please contact us for further details (applies to UK citizens only).



The Cruise Dialysis Difference

WE WILL:

- ▶ Book your cruise (and flights, hotel and transfers if required)
- ▶ Contact your home dialysis unit
- ▶ Arrange your onboard dialysis
- ▶ Organise all administration and medical documentation required
- ▶ Keep you up to date

Once you have chosen your cruise please call us on **0844 995 1214** and we will make all of your cruise and dialysis arrangements.

You can be confident in the knowledge that we will take care of your booking and you can start looking forward to your cruise.





WHY TRAVEL ALONE

Join our Accompanied Cruises

We appreciate that cruising for the first time with haemodialysis can seem a little daunting, so why not join a member of the Cruise Dialysis team onboard our Accompanied Cruises.

You are welcome to spend as much or as little time with your fellow travellers and your time onboard is yours to do with as you wish. During 2022 a member of the Cruise Dialysis team will be onboard the cruises shown on these pages as the 'go to' person for questions, and assistance onboard.

THEY SUIT:

- ▶ First time cruisers
- ▶ Passengers who like to travel in a group environment
- ▶ Passengers travelling alone
- ▶ Couples who enjoy company
- ▶ Passengers who need reassurance

"Where will your next adventure take you?"

PORTO, THE DOURO VALLEY AND SALAMANCA

Visits Salamanca, Spain



Onboard MS Gil Eanes
Sailing from Porto
ACCOMPANIED CRUISE
6 April 2022 7 nights
Fares from **£2279pp**

PORTO, THE DOURO VALLEY AND SALAMANCA

Visits Douro Lamego, Portugal



Onboard MS Gil Eanes
Sailing from Porto
ACCOMPANIED CRUISE
13 April 2022 7 nights
Fares from **£2279pp**

BRITISH ISLES DISCOVERY

Visits Isles of Scilly



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
12 July 2022 11 nights
Fares from **£1099pp**



STAVANGER



LISBON

"It's reassuring that an organisation such as yours exists to offer such brilliant opportunities. I just wanted to say thank you for the skill, service and normality you offer to patients and families alike." Katie

BALTIC TREASURES AND ST PETERSBURG

Visits Copenhagen, Denmark



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
23 July 2022 14 nights
Fares from **£1349pp**

SUMMERTIME FJORDLAND

Visits Bergen, Norway



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
6 AUGUST 2022 7 nights
Fares from **£679pp**

ICELAND, FAROES AND EDINBURGH FESTIVAL

Visits Faroe Islands



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
13 August 2022 12 nights
Fares from **£1159pp**

CANARIES, MADEIRA AND MOROCCO WINTER SUN

Visits Marrakesh, Morocco



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
24 November 2022 15 nights
Fares from **£1219pp**

GERMAN CHRISTMAS MARKETS

Visits Antwerp, Belgium



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
12 December 2022 5 nights
Fares from **£419pp**

CAPE VERDE, CANARIES AND MOROCCO WINTER ESCAPE

Visits Cape Verde Islands



Onboard Ambience
Sailing from London Tilbury
ACCOMPANIED CRUISE
16 February 2023 21 nights
Fares from **£1559pp**



Britain's New Cruise Line UK DEPARTURES

Introducing Ambience

We would like to introduce you to Ambassador Cruise Line's flagship, the Ambience. With an average 1400 guest capacity, she offers both a feeling of spaciousness and freedom, whilst retaining that sense of intimacy and camaraderie we each crave. Entertainment wise, she really will spoil you for choice. Let your hair down at the Observatory and bring out your finest ensembles for the Palladium. Whether you like it shaken or stirred, she has numerous bars to enjoy including Raffles Bar, Botanical Lounge, SW19 and the Purple Turtle Pub. Dining options are plentiful at the Buckingham Restaurant or the Borough Market and for those wanting to soak in nature's glory there is the glorious Alfresco Grill. Wining and dining are more than fine at Saffron, Sea & Grass or the deluxe Chef's Table where a speciality gastronomic experience awaits you. Put your best cards forward at Aces & Eights bridge and card room and the Ambassador casino or revive and renew at the gym and Wellness Centre. Other facilities include Kapoor's onboard crafting studio, Bronte's library, the shopping galleria, not to mention two swimming pools, four hot tubs and a large screen for outdoor movies.



"With locally inspired cuisine, you are sure to enjoy a taste of the finer things in life."

Say hello to the first new British cruise line to be launched since 2010.

Ambassador's purpose is simple: to inspire every guest to experience authentic cruising effortlessly, and sustainably. Ambassador Cruise Line is here to accompany the next era of travel by blending tradition and innovation for a truly timeless cruise holiday that still makes you feel right at home.

Ambassador Cruise Line is passionate about protecting our oceans and destinations, which is why the Ambience will exceed the latest environmental standards, including no single-use plastic onboard and energy efficient engines.

Along the way you will receive the warmest of welcomes from the crew and enjoy an atmosphere that encourages guests to form long lasting friendships with both fellow guests and the crew themselves.



Ambassador's Enrichment Programme offers a host of opportunities to learn, laugh, listen, and surprise yourself as you sail alongside the world's most inspiring sights.

Your cabin accommodation is where you want to feel most comfortable. A variety of accommodation is available from interior cabins to cabins with window or balcony to luxury suites.

From complimentary canapes to a welcome bottle of wine, the suite benefits will take your Ambassador cruise experience to the highest level.

The London Cruise Terminal at Tilbury, Essex is situated on the River Thames just 25 miles east of London. Parking is conveniently located just a short walk from the Cruise Terminal or a free shuttle bus is available. If you are arriving by train Tilbury Town Station is just a short taxi journey from the cruise terminal. A dedicated coach service is also available from London Victoria.



One Night Festive Onboard Events

FRIDAY 16 DECEMBER OR SATURDAY 17 DECEMBER 2022 FROM £109 PER PERSON

This is a fantastic opportunity to step aboard Ambience to view the facilities and cabins, sample the delicious cuisine and enjoy some stylish entertainment. Get together with family or friends for an occasion with a difference; the perfect introduction for those who are new to cruising and are thinking of embarking on an ocean cruise in the future or would just like to take a look at this delightful ship.

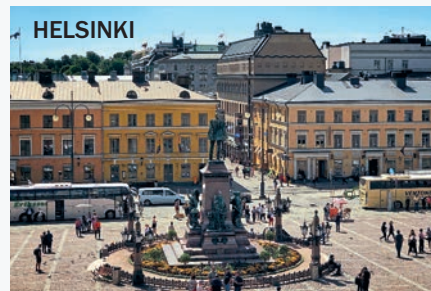
Enjoy a delicious five-course dinner and show, plus an overnight stay with breakfast the following morning. Included in the price are welcome cocktails and half a bottle of wine per person with the meal.



FUNCHAL



ISLES OF SCILLY



HELSINKI

UK DEPARTURES – 2022

From only £419 per person

British Isles Discovery, Ambience, 11 nights

12 JULY 2022 FROM £1099

ALL INCLUSIVE FARE FROM £1373

ADULTS ONLY CRUISE

Depart London Tilbury – Kirkwall, Orkney Islands – Invergordon, UK – Portree* Isle of Skye – Tobermory* Isle of Mull – Cobh (Cork) Ireland – St Marys* Isles of Scilly – St Peter Port* Guernsey – Honfleur, France – London Tilbury

This itinerary strays far from the tourist trail and shines some light onto the most fascinating corners of our diverse nation. Focusing on Britain's many beautiful islands, enjoy the tranquillity of Tobermory in Mull, with its charming rainbow-hued buildings, to the quaint capital of St. Peter Port in Guernsey, where England meets France amid a picture-postcard landscape.

STAY ONBOARD FOR LONGER: BOOK THIS CRUISE BACK TO BACK WITH THE CRUISE SHOWN ABOVE OR BELOW.

Baltic Treasures & St Petersburg, Ambience, 14 nights

23 JULY 2022 FROM £1349

ALL INCLUSIVE FARE FROM £1638

MULTI-GENERATIONAL CRUISE

Depart London Tilbury – Copenhagen, Denmark – Ronne, Bornholm, Denmark – St Petersburg, Russia (2 days) – Helsinki, Finland – Stockholm, Sweden – Visby, Gotland, Sweden – Skagen, Denmark – London Tilbury

Russia is a treasure-house of history affording a wealth of architecture and cultural treasures. Your two days in St. Petersburg will pass in a blur of ornate churches and cathedrals, opulent palaces that once housed Tsars and the magnificent Hermitage Museum. You'll savour the contrast with Scandinavian nations as you navigate the Baltic, bringing you everything this diverse sea has to offer.

STAY ONBOARD FOR LONGER: BOOK THIS CRUISE BACK TO BACK WITH THE CRUISE SHOWN ABOVE OR BELOW.

Summertime Fjordland, Ambience, 7 nights

6 AUGUST 2022 FROM £679

ALL INCLUSIVE FARE FROM £824

MULTI-GENERATIONAL CRUISE

Depart London Tilbury – Bergen, Norway – Flam, cruise Sognefjord & Aurlandsfjord, Norway – Haugesund, Norway – Eidfjord*, cruise Hardangerfjord, Norway – London Tilbury

Norway's Fjordland offers some of the most dramatic landscapes on earth, with a unique widescreen quality. You can relax in warmth and luxury as towering snow-capped peaks give way to breath-taking waterfalls, bright blue fjords and impossibly lush green valleys dotted with quaint villages and remote mountain farms. This truly is life in high definition.

STAY ONBOARD FOR LONGER: BOOK THIS CRUISE BACK TO BACK WITH THE CRUISE SHOWN ABOVE OR BELOW.

Iceland, Faroes & Edinburgh Festival, Ambience, 12 nights

13 AUGUST 2022 FROM £1159

ALL INCLUSIVE FARE FROM £1408

ADULTS ONLY CRUISE

Depart London Tilbury – Rosyth, for Edinburgh, UK – Torshavn, Faroe Islands – Reykjavik, Iceland – Kirkwall, Orkney Isles – Lerwick* Shetland Isles – London Tilbury

Fabled as the Land of Fire and Ice, Iceland is one of the most unspoilt places on earth – a constantly changing landscape of lush valleys, thunderous waterfalls, snow-capped peaks, scorching geothermal pools and brooding active volcanoes. Enjoy visits to the starkly beautiful Faroe Islands and the pretty Orkney capital of Kirkwall – plus the unrivalled cultural experience of the Edinburgh Festival.

Canaries, Madeira & Morocco Winter Sun, Ambience, 15 nights

24 NOVEMBER 2022 FROM £1219

ALL INCLUSIVE FARE FROM £1503

ADULTS ONLY CRUISE

Depart London Tilbury – Vigo, Spain – Funchal* Madeira – Las Palmas, Gran Canaria – Santa Cruz de Tenerife, Spain – Casablanca for Marrakesh, Morocco – Leixoes for Oporto, Portugal – London Tilbury

Leave the winter blues behind as you sail south across azure seas to the warmth and charm of Europe's furthest fringes – and beyond. Along the way, experience bustling harbours, exotic shops and charming hillside valleys in Madeira and the subtropical Canary Islands before arriving in fabled Casablanca in Morocco, where you'll discover a hidden world of imposing mosques and lively street bazaars.

German Christmas Markets, Ambience, 5 nights

11 DECEMBER 2022 FROM £419

ALL INCLUSIVE FARE FROM £514

ADULTS ONLY CRUISE

Depart London Tilbury – Hamburg, cruise River Elbe, Germany – Antwerp, cruise River Scheldt, Belgium – London Tilbury

Bringing you all your favourite seasonal traditions (plus plenty of extra magic and sparkle), enjoy galas, festive shows, all your favourite anthems, and of course, unbeatable cuisine. With plentiful Christmas markets, Hamburg's festive season is quite remarkable. Savour the seasonal delights, finish your Christmas shopping and simply soak in the magic.

Cape Verde, Canaries & Morocco Winter Escape, Ambience, 21 nights

16 FEBRUARY 2023 FROM £1559

ALL INCLUSIVE FARE FROM £1983

ADULTS ONLY CRUISE

Depart London Tilbury – Lisbon, Portugal – Funchal, Madeira – Santa Cruz de Tenerife, Spain – Mindelo, Sao Vicente, Cape Verde Islands – Praia Santiago, Cape Verde Islands – Las Palmas, Gran Canaria – Casablanca, Marrakesh, Morocco – Leixoes, Oporto, Portugal – London Tilbury

From historic Lisbon and Oporto to the Canary Islands, with magnificent hillsides and valleys, fascinating shops and bustling harbours. Enjoy Mindelo in Cape Verde with its lively Brazilian influenced atmosphere, cobblestone streets, colonial buildings and tranquil harbour, before returning via Morocco, with its incredible array of gleaming mosques and evocative bazaars.

FARES INCLUDE:

- All Fares include: Breakfast, lunch, dinner, afternoon tea, late night snacks, accommodation, onboard activities and day and evening entertainment.

ALL INCLUSIVE FARES (AMBASSADOR FARES):

Include all of the above and all drinks from the bar (including premium brands), premium teas & specialty coffees, gratuities and service charges, guaranteed choice of 1st or 2nd dining sitting for dinner (excludes table size) and priority for complimentary cabin upgrades (subject to availability).

MULTI-GENERATIONAL CRUISE:

Although Ambassador Cruise Line operates essentially for adults, some cruises are offered as a multi-generational cruise, and all infants over 6 months and children are welcome. Please note that there are no dedicated children's facilities on board.

*Ashore by tender, weather permitting

Visit www.cruisedialysis.co.uk to view our range of dialysis cruises

SAIL SOUTH TO ESCAPE WINTER

Journey to the remote islands off the west coast of Africa



Cape Verde, Canaries & Morocco Winter Escape
onboard Ambassador Cruise Line's Ambience

16 FEBRUARY 2023, 21 NIGHTS FROM £1559, ALL INCLUSIVE FARE FROM £1983



Colourful Spanish and Portuguese culture extends far beyond the shores of Europe, as you'll discover during this amazing sojourn around the sun-drenched south.

From historic Lisbon and Oporto, to the Canary Islands, with their magnificent hillsides and valleys, fascinating shops and bustling harbours.

Mindelo in Cape Verde will be the most remote destination, with its lively Brazilian influenced atmosphere, cobblestone streets, colonial buildings and tranquil harbour, before you return via Morocco, with its incredible array of gleaming mosques and evocative bazaars.



OVERVIEW:

Supercraftcruises.com, developed and managed by Julie Peasgood, provides a wide range of specialist craft tutors to deliver unique and inspirational workshops throughout your cruise. They are suitable for every level of ability - from complete beginners to the very experienced.

PORTS OF CALL:

- ▶ Depart London Tilbury, UK – Lisbon, Portugal – Funchal - Madeira, Portugal – Santa Cruz de Tenerife, Spain – Mindelo - Sao Vicente, Cape Verde Islands – Praia Santiago, Cape Verde Islands – Las Palmas, Gran Canaria, Spain – Casablanca for Marrakesh, Morocco – Leixoes for Oporto, Portugal – London Tilbury, UK



Call 0844 995 1214 for booking or enquiries

CRUISE HIGHLIGHTS

FUNCHAL, MADEIRA:

The Madeira archipelago's capital city really will take your breath away with its rolling hills, dramatic mountain scenes, year round blooming gardens and wineries.

SANTA CRUZ DE TENERIFE:

Feel the beating heart of locals at Santa Cruz de Tenerife. Excitement never stops here amongst the tropical oasis, eclectic coloured buildings, an auditorium and vibrant shops for every occasion.

MINDELO, SAO VICENTE:

There's never a dull day in the cultural capital of Sao Vicente. Feel the carnival inspiration and Brazilian influence as you soak in Mindelo's vibrant atmosphere and colourful architecture.

LAS PALMAS:

With a vibrant melting pot of different cultures and a unique blend of bustling city and glorious beaches, Las Palmas will delight every mood.

CASABLANCA:

A prosperous city of creativity, Casablanca offers a unique modern edge that isn't widely seen in other parts of the country. Be sure to visit Hassan II Mosque for a magnificent architectural wonder.

"To visit Morocco is like turning the pages of some illuminated Persian manuscript all embroidered with bright shapes and subtle lines."

DIP YOUR TOES INTO THE WATER

Cruise from £419 per person

Maybe you're a first time cruiser who wants to dip a toe tentatively into the water? Or you'd rather blow your holiday budget on all-out luxury over fewer days? If you're looking for a budget holiday that still offers a little luxury a short-cruise is the perfect purse-friendly option.

If you've only got the time and money for a short break, a cruise allows you to cram as much as possible into what time you have available. Instead of trekking across a city to find the best bars and restaurants, you'll have them just steps from your cabin door.

Take a First Time Cruise

If you have never cruised before, a short cruise is a low-stakes way to see if you'll actually enjoy cruising, without investing too much time or money.

Try a New Cruise Line

Maybe you want to try a new cruise line but you're not so sure if you'll like their style. A short voyage can be a trial run to see what you think of the experience.

Doesn't Mean Limited Ports

A short cruise is a great way to discover destinations on your doorstep and is the ideal choice for a quick holiday fix.

A four or five night cruise will take you to two countries, making it easy to squeeze an adventure into a few days.

Cruise with Family & Friends

If you've ever tried to get your extended family or a group of friends to come on a cruise with you, you know how much of a challenge that can be. Shorter cruises can be much easier to fit into everyone's schedule and budget.

Time to Relax & Unwind

A short cruise can be just the escape you need without leaving the real world for too long.

Exploring The Ship

Use a short cruise to explore a new cruise ship. If you are unsure if you'd like a larger or smaller ship a short cruise can be a great way to find out this as the physical ship itself remains the same regardless of the itinerary length!

Experience Dialysis Onboard

If you have never dialysed onboard a ship before this is a perfect opportunity to experience it for yourself. With only two dialysis sessions scheduled during your 4 or 5 night cruise you will have plenty of time and opportunity to go ashore or explore the ship.



Which cruise will you choose?

German Christmas Markets
onboard Ambassador Cruise Line's Ambience
11 DECEMBER 2022, 5 NIGHTS
EARLY SAVER FARE FROM £419 PER PERSON
ALL INCLUSIVE AMBASSADOR FARE FROM £514 PER PERSON

PORTS OF CALL:

- Depart London Tilbury, UK – Hamburg, cruise River Elbe, Germany – Antwerp, cruise River Scheldt, Belgium – London Tilbury, UK

Board Ambience for a festive season like no other where you can rejoice in the knowledge that all the bells and whistles are taken care of by Ambassador. It's always a wonderful time of year sailing with Ambassador but for the festive period, they really will push the boat out. Bringing you all your favourite traditions (plus plenty of extra magic and sparkle), there will be seasonal galas, festive shows, all your favourite anthems, and of course, unbeatable cuisine. With plentiful Christmas markets, Hamburg's festive season is quite remarkable. Savour the seasonal delights, finish your Christmas shopping, sip a mulled wine (or Glühwein) or simply soak in the magic.

For cricket lovers during this cruise there will be events hosted by Garry Richardson (BBC Broadcaster), where you have the opportunity to get close and personal with some of the finest players ever to play the game.

Bruges & Amsterdam Cruise
onboard Celebrity Silhouette
25 AUGUST 2022, 4 NIGHTS
CELEBRITY ALWAYS INCLUDED FARE
FROM £1088 PER PERSON

PORTS OF CALL:

- Depart Southampton, UK – Brussels (Zeebrugge) Belgium – Amsterdam, Netherlands – Southampton, UK

Embark on a short cruise around Europe to the picturesque cities of Bruges and Amsterdam, which is the ideal trip for a long holiday weekend.

Enjoy charming Bruges, which is also known as "the Venice of the North." Stroll down the cobblestone streets of the city centre, a UNESCO World Heritage Site. Explore historic castles and cathedrals, or spend a fun afternoon learning how to make their famous Belgian chocolate.

In Amsterdam visit the Van Gogh Museum and experience the world's largest collection of works by the Dutch impressionist. Step inside the Anne Frank House, and witness the former hiding place of the famous young diarist.

Discover Amsterdam's unique waterfront architecture by boarding a romantic canal cruise, where you can marvel at the sights of this fascinating city.

*Ashore by tender, weather permitting

Visit www.cruisedialysis.co.uk to view our range of dialysis cruises



Celebrity Silhouette

During 2020, this 2,886-passenger ship underwent a multi-million-pound makeover. Interiors have been transformed with a sophisticated and modern decor. Public spaces have been upgraded, including the Lawn Club, a half-acre of real grass on the sun deck, which now features eight exclusive alcoves for private cabana rentals, an outdoor movie screen and speciality restaurant Lawn Club Grill. Craft Social has been introduced, a gastro-bar concept serving more than 40 craft beers and gourmet comfort food, and the Sunset Bar, where guests can enjoy sweeping ocean views with their cocktails.



BILBAO



UK DEPARTURES

Set sail on Celebrity Silhouette and discover amazing enhancements at every turn. You'll relax in transformed staterooms that are so gorgeous, you may never want to leave your cabin. Gather for a toast at the newly reimagined Passport Bar or the new Craft Social Bar, a cool and casual spot. Shop in exciting new boutiques featuring the hottest designers. And, The Spa on Silhouette is taking rejuvenation to new heights with new spa treatment rooms, new flooring throughout, and much more. Your next vacation aboard Celebrity Silhouette is bound to be even more than ever before.

Enjoy an amazing array of flavours and a wide selection of restaurants to suit every mood. Celebrity Silhouette is the perfect choice if you enjoy unrivalled relaxation and extraordinary fine dining. The range of bars and lounges provide the perfect places to relax and enjoy a

lively ambience. If you are spending the day at sea, you can rest assured that there's plenty of activities onboard to keep you entertained. From the relaxed, country club atmosphere of the Lawn Club to the array of glamorous shops and boutiques to browse, you're free to choose how to spend your perfect day.



SOUTHAMPTON DEPARTURES – 2022

From only £1088 per person

Norwegian Fjords, Celebrity Silhouette, 7 nights

16 JULY 2022 FROM £1634 (\$2239)

Depart Southampton, UK – Kristiansand, Norway – Alesund, Norway – Molde, Norway – Stavanger, Norway – Southampton

Spain & Italian Mediterranean, Celebrity Silhouette, 14 nights

30 JULY 2022 FROM £2702 (\$3702)

Depart Southampton, UK – Seville (Cadiz), Spain – Cagliari, Sardinia – Naples, Italy – Rome (Civitavecchia) Italy – Florence/Pisa (La Spezia) Italy – Provence (Marseille) France – Gibraltar, UK – Southampton

Scandinavia & Russia, Celebrity Silhouette, 12 nights

13 AUGUST 2022 FROM £2351 (\$3221)

Depart Southampton, UK – Copenhagen, Denmark – Stockholm, Sweden – Tallin, Estonia – St Petersburg, Russia (2 days) – Helsinki, Finland – Visby, Sweden – Southampton

Bruges & Amsterdam, Celebrity Silhouette, 4 nights

25 AUGUST 2022 FROM £1088 (\$1491)

Depart Southampton, UK – Brussels (Zeebrugge) Belgium – Amsterdam, Netherlands – Southampton

Iceland & Ireland, Celebrity Silhouette, 12 nights

29 AUGUST 2022 FROM £2351 (\$3221)

Depart Southampton, UK – St Peter Port* Channel Islands – Cork (Cobh) Ireland – Waterford* (Dunmore E) Ireland – Akureyri, Iceland – Reykjavik, Iceland – Greenock, Scotland – Southampton

Spain & France, Celebrity Silhouette, 9 nights

10 SEPTEMBER 2022 FROM £1757 (\$2407)

Depart Southampton, UK – La Rochelle, France – Bilbao, Spain – La Coruna, Spain – Vigo, Spain – Paris/Normandy (Le Havre) France – Southampton

Canaries, Spain, Portugal, Celebrity Silhouette, 11 nights

19 SEPTEMBER 2022 FROM £2053 (\$2812)

Depart Southampton, UK – Vigo, Spain – Lanzarote, Canary Islands – Tenerife, Canary Islands – Las Palmas, Canary Islands – Lisbon, Portugal – Porto (Leixoes) Portugal – Southampton

Canaries, Spain & Portugal, Celebrity Silhouette, 11 nights

9 OCTOBER 2022 FROM £2060 (\$2822)

Depart Southampton, UK – Vigo, Spain – Lanzarote, Canary Islands – Tenerife, Canary Islands – Las Palmas, Canary Islands – Lisbon, Portugal – Porto (Leixoes) Portugal – Southampton

*Ashore by tender, weather permitting



Celebrity Cruises

Celebrity Cruises offer luxury cruises that go beyond meeting your expectations, by offering a number of firsts for the cruising industry. Modern luxury awaits you with a unique combination of first class accommodation, live entertainment, exceptional cuisine and warm, intuitive service. Enjoy breath-taking landscapes, diverse cultures, local flavours, dreamy beaches, 'must see' sights and new discoveries.

WORLDWIDE DEPARTURES

Flex your sense of wonder at the crystal-clear blue sea on the Caribbean's pristine white sand beaches or enjoy a land of rugged hills, rushing waters and undisturbed wildlife in Alaska. Explore Japan packed to the brim with rich culture and natural beauty. Extraordinary destinations, culinary experience, intuitive service, luxury accommodation and stunning design awaits you. The modern, luxury cabins, created to make your stay warm and welcoming, will provide you with a place to relax and recharge. With up to a dozen specialty restaurants, and an array of bars, lounges and clubs, every experience takes you on a journey.

The Royal Caribbean and Celebrity fleet of ships boasts an amazing variety of thrilling activities, spectacular entertainment, mouth-watering dining, spacious, comfortable cabins and sailings that take you to some of the most incredible destinations in the World.



Royal Caribbean

With so many things to discover onboard Royal Caribbean ships, each morning brings exciting possibilities. Every day is an opportunity to explore, to eat well and be entertained. With time to make the most of everything on offer, your cruise can be whatever you want it to be. Is there anything more exciting than stepping off a ship into a place you've never been? For a few precious days, this is a whole new way of life.

WORLDWIDE DEPARTURES – 2022

From only £947 per person

CARIBBEAN

Eastern Caribbean, Symphony of the Seas, 7 nights

8 JANUARY, 19 FEBRUARY, 5 MARCH 2022

FROM £1076 (\$1475)

Depart Miami – Labadee – San Juan – Charlotte – Coco Cay – Miami

Western Caribbean, Symphony of the Seas, 7 nights

29 JANUARY, 12 FEBRUARY, 12 MARCH, 25 JUNE, 27 AUGUST,

17 SEPTEMBER, 8 OCTOBER, 19 NOVEMBER 2022

FROM £947 (\$1297)

Depart Miami – Coco Cay – Cozumel – Roatan – Puerto Costa Maya – Miami

Southern Caribbean, Celebrity Equinox, 12 nights

30 JANUARY, 3 APRIL 2022 FROM £2247 (\$3079)

Depart Fort Lauderdale – St Croix – Basseterre – Bridgetown – Castries – St Georges – Roseau – St Johns – Fort Lauderdale

Aruba, Bonaire & Curacao, Celebrity Equinox, 9 nights

4 MARCH 2022 FROM £1534 (\$2101)

Depart Fort Lauderdale – George Town – Willemstad – Kralendijk – Oranjestad – Fort Lauderdale

Eastern Caribbean, Symphony of the Seas, 7 nights

16 APRIL, 18 JUNE, 12 NOVEMBER 2022

FROM £994 (\$1361)

Depart Miami – St Johns – Charlotte Amalie – Coco Cay – Miami

Eastern Caribbean, Symphony of the Seas, 7 nights

21 MAY, 23 JULY, 24 SEPTEMBER 2022

FROM £968 (\$1326)

Depart Miami – Philipsburg – Charlotte Amalie – Coco Cay – Miami

Southern Caribbean, Celebrity Edge, 10 nights

12 DECEMBER 2022 FROM £1961 (\$2686)

Depart Fort Lauderdale – Basseterre – St Johns – Bridgetown – Castries – Philipsburg – Fort Lauderdale

ALASKA

Alaska, Celebrity Solstice, 7 nights

3, 24 JUNE, 8, 22 JULY, 5, 19 AUGUST 2022 FROM £1398 (\$1916)

Alaska, Ovation of the Seas, 7 nights

1, 15, 29 JULY, 12, 26 AUGUST 2022 FROM £1107 (\$1516)

ASIA

Best of Japan, Celebrity Solstice, 12 nights

14 OCTOBER 2022 FROM £1732 (\$2374)

Depart Tokyo – Mt Fuji – Kyoto – Kobe – Hiroshima – Busan – Hakodate – Aomori – Tokyo

Best of South Japan, Celebrity Solstice, 12 nights

26 OCTOBER 2022 FROM £1712 (\$2345)

Depart Tokyo – Mt Fuji – Kyoto – Kobe – Kochi – Ishigaki – Okinawa – Jeju Island – Nagasaki – Tokyo

China, Taiwan & Japan, Celebrity Solstice, 12 nights

19 NOVEMBER 2022 FROM £1691 (\$2317)

Depart Tokyo – Mt Fuji – Kobe – Kyoto – Hiroshima – Kagoshima – Nagasaki – Okinawa – Ishigaki – Taipei – Hong Kong

PANAMA CANAL

Panama Canal & Southern Caribbean, Celebrity Edge, 11 nights

21 NOVEMBER, 22 DECEMBER 2022 FROM £3053 (\$4183)

Depart Fort Lauderdale – Oranjestad – Kralendijk – Willemstad – Panama Canal – Colon – Cartagena – Fort Lauderdale

CANADA AND NEW ENGLAND

Canada & New England, Adventure of the Seas, 9 nights

15, 29 SEPTEMBER 2022 FROM £1094 (\$1498)

Depart Cape Liberty – Boston – Bar Harbor – Portland – Saint John – Halifax – Cape Liberty

*Ashore by tender, weather permitting

Visit www.cruisedialysis.co.uk to view our range of dialysis cruises



MS Gil Eanes

Built and christened in 2015, this new-generation ship has ample space throughout for passenger comfort and splendid panoramic windows. The Gil Eanes is a stylish riverboat, cruising along the Douro river, has 66 cabins accommodating only 132 passengers. She offers distinctive and elegant design, with elements mixing the classic with the modern. Add to this the wide variety of facilities, such as the appealing sundeck, perfect for morning coffees onboard, the lounge with panoramic views or the cozy dining room where you can enjoy wonderful delicacies, and your holiday is complete.



"Journey through the unique landscapes of the Douro but also cities with a heritage such as Lamego, Salamanca or Vila Real."

PORTO



DOURO RIVER

The best way to explore Portugal and Spain is on a Douro River cruise. Incredible scenery and culture is complimented by the comfortable, convenient, and gourmet on-board experience.

The Douro Valley is home to delicious treasures and will take you along the Port wine route. You will admire this incredible terraced vineyard which extends over a hundred kilometres along the Douro to the Spanish border. From Portugal to Spain, you will visit Porto, a lively and fascinating city where you can taste its famous wine, or Guimarões, the beating heart of Portugal with a remarkable history that gives it today all its charm.

Your ship, the MS Gil Eanes carries only 132 guests and offers splendid panoramic windows. Its elegant taupe, bronze and white tones combine perfectly with the blue shades that conjure up Portuguese tilework.

The Upper and Mid deck cabins have large picture windows and French balconies. The generous windows on the Main Deck provide great views from the privacy of your cabin.

All meals are served in the Main Deck restaurant and onboard fun, music and dancing happens in the lounge and bar on the Mid Deck.

An outdoor area is found near the bow and the sun deck has a pool and sun loungers perfect for relaxing.

DOURO VALLEY



PORTUGAL DEPARTURES – 2022

From Portugal to Spain:
Porto, the Douro Valley and Salamanca
MS Gil Eanes, 7 nights

6 APRIL OR 13 APRIL 2022

FROM £2279pp (€2645) **ACCOMPANIED CRUISE**

- ▶ Main deck cabin from £2279pp (€2645)
- ▶ Middle deck cabin from £2419pp (€2806)
- ▶ Upper deck cabin from £2440pp (€2831)

CRUISE HIGHLIGHTS:

- ▶ Intoxicating gateway between vineyards and the river
- ▶ Heritage, flavours, dances and traditional songs
- ▶ Fado, flamenco, and traditional evenings on board

From only £2279 per person

INCLUDED IN YOUR CRUISE FARE:

- ▶ Soft drinks and bottled water
- ▶ Alcoholic drinks
- ▶ Free wifi
- ▶ All meals
- ▶ Entertainment
- ▶ Port taxes and fees

“Be carried away by the charm of the Mediterranean countries of Spain and Portugal.”

PORTS OF CALL:

► Depart Porto, Portugal – Regua – Vega de Terron – Barca D’Alva – Salamanca – Barca D’Alva – Ferradosa – Pinhao – Porto, Portugal

PORTO, PORTUGAL:

Opening up like a pop-up book from the banks of the Rio Douro, edgy-yet-opulent Porto entices with its historic centre, sumptuous food and wine, and charismatic locals.

Port wine, one of Portugal's most famous exports, is named after Porto, since the metropolitan area, and in particular the cellars of Vila Nova de Gaia, were responsible for the packaging, transport, and export of fortified wine. Port wine is still stored and matured in the vast cellars that stretch along the banks of the Douro River.

Porto, a UNESCO World Heritage Site, is a fascinating and vibrant city that is rapidly becoming one of Western Europe's most respected tourist destinations. The city boasts an extensive history, interesting tourist attractions, a buzzing nightlife, and outstanding tourist facilities. There is a lot to see and do in Porto, from the warren of narrow streets that make up the ancient Ribeira district through to the grand plaza of the Trindade district.

SALAMANCA



SALAMANCA, SPAIN:

To talk of culture is to talk of Salamanca. Taking a walk through the streets of its historical centre, declared a World Heritage Site by UNESCO, means taking a walk through centuries of history, art and knowledge and experiencing the wonder of landmarks such as its famous University, one of the oldest in Europe, and which today continues to attract thousands of students.

When you enter the monuments of Salamanca, a world of legends and

history awaits you. Begin at the famous Plaza Mayor, the meeting point par excellence in the city, with its 88 arches. Be sure not to miss the “new” Romanesque and the old Gothic Cathedrals of Salamanca. The University of Salamanca features a stone frog “hidden” in the façade which is said to bring luck to students, and a fascinating library, akin to a scene from a Harry Potter movie.

To read our Douro River Cruise Review please visit www.cruisedialysis.co.uk

Fellow travellers testimonials

I'd just like to thank you and your professional Dialysis Team for making my first ever cruise experience so wonderful. Starting from the time of booking, through the worst parts - waiting for the departure date to come around, right through until disembarkation. The paperwork, though comprehensive was clear and easy for myself and my home clinic nurses to complete, and your advice on what to pack for the expectations of the cruise liner took that stress away. It was good to meet everyone in your team and my compatriots for treatment so soon after embarkation and everything always felt like it was no problem and easily handled. The dialysis team was totally professional at all times, but that was also complimented by their personalities which meant time on dialysis went quite quickly chatting etc. The Nephrologist was extremely thorough at all times but was also quite amusing in her own way. The Charge Nurse was a wealth of experience and definitely the glue bonding the team together and always available for everyone at all times. The two nurses providing support were effective team players and knew their stuff. Being an accompanied cruise meant there was always someone about if you wanted a chat even on the excellent inclusive shore trips. It was good to see the planning that went in to arranging dialysis sessions around these activities and the team were always looking to be flexible on start stop times. I will do this again in the future, need to save up a bit first, but would recommend it to anyone. Thanks for a wonderful holiday.

Mr K Summerhayes

We had a lovely holiday and have lots of pictures to remind us of where we went - they are on my screensaver already and are a very enjoyable reminder. As you know I love these holidays. I am really grateful that I could have a holiday while on dialysis - it is so lovely to get away from home for more than a night!

Mrs L Osborn

My father asked me to contact you upon his return from his cruise which we booked with you. He wanted me to pass on what a great trip he had and a fantastic break. On a personal note I would also like to thank you for your service throughout the booking and my endless enquiries.

Mrs S Lupton

We returned from the Celebrity cruise to the Western Med and wanted to let you know how smoothly the dialysis and arrangements on board went. The dialysis staff were so attentive and friendly. I appreciated being able to spend some time on shore whilst my husband was well looked after. Thank you for help and personal approach in coordinating the cruise arrangements.

Mr W Banner



Europa2

All the promises of a yacht and the serenity of a small resort: onboard the Europa2, you can enjoy the highest level of casual luxury with a maximum of 500 guests. The Europa2 was named the best cruise ship in the World by the Berlitz Cruise Guide 2021.



HONOLULU



EUROPA2

Freedom that takes you places – this philosophy is part of every moment on the Europa2. As luxurious and stylish as you expect. Experience the symbiosis of elegance, aesthetics and perfection as the Europa2 takes you to places that showcase the world at its most beautiful. The Europa2 is different. Enjoy smart casual travel and a

discerning lifestyle in a modern, relaxed atmosphere – with no formal attire, no fixed mealtimes or traditional seating plans.

With a maximum of 500 guests, enjoy individually tailored service and the highest level of personal space – and an exceptionally luxurious ratio of crew to passengers.

DEPARTURES – 2022

From only £2640 per person

Port Louis to Port Louis, Europa2, 13 days

5 JANUARY 2022, SUITE FROM £6860

Depart Port Louise, Reunion, Mahe, Praslin* – Port Louis

Port Louis to Port Louis, Europa2, 15 days

17 JANUARY 2022, SUITE FROM £7830

Depart Port Louis – Reunion – Ile aux Nattes* – Nosy Be* – Mahe, Praslin*, La Digue*, Port Louis

Port Louis to Cape Town, Europa 2, 16 days

31 JANUARY 2022, SUITE FROM £7740

Depart Port Louis – Reunion – Port d'Ehoala – Richards Bay – Durban – East London – Gqeberha – Mossel Bay – Cape Town

Cape Town to Cape Town, Europa2, 16 days

14 FEBRUARY 2022, SUITE FROM £7740

Depart Cape Town – Luderitz – Walvis Bay – Gqeberha – Durban – Mossel Bay* – Cape Town

Cape Town to Gran Canaria, Europa2, 17 days

28 FEBRUARY 2022, SUITE FROM £7300

Depart Cape Town – Luderitz* – Walvis Bay – St Helena* – Sao Vicente – Gran Canaria

Gran Canaria to Tenerife, Europa2, 9 days

16 MARCH 2022, SUITE FROM £4660

Depart Gran Canaria – La Gomera – La Palma – Tenerife – Lanzarote – Fuerteventura – Tenerife

Tenerife to Gran Canaria, Europa2, 10 days

25 MARCH 2022, SUITE FROM £5100

Depart Tenerife – La Palma – La Gomera – El Hierro – Lanzarote – Fuerteventura – Gran Canaria

Gran Canaria to Lisbon, Europa2, 13 days

4 APRIL 2022, SUITE FROM £6770

Depart Gran Canaria – El Hierro – Tenerife – La Palma – La Gomera – Madeira – Sao Miguel – Faial – Lisbon

Lisbon to Hamburg, Europa2, 13 days

17 APRIL 2022, SUITE FROM £6420

Depart Lisbon – Leixoes (Porto) – Bilbao – Bordeaux – Belle-Ile* – St Malo* – Honfleur – Antwerp – Hamburg

Hamburg to Kiel, Europa2, 12 days

17 MAY 2022 SUITE FROM £5890

Depart Hamburg – Stockholm* – Tallinn – St Petersburg – Helsinki – Riga – Copenhagen – Kiel

Kiel to Hamburg, Europa2, 12 days

29 MAY 2022 SUITE FROM £5890

Depart Kiel – Bergen – Leknes – Honningsvåg – Tromsø – Geiranger* – Alesund – Stavanger – Hamburg

Hamburg to Hamburg, Europa2, 5 days

10 JUNE 2022 SUITE FROM £2640

Depart Hamburg – Gothenburg – Copenhagen – Hamburg

Hamburg to Liverpool, Europa2, 10 days

15 JUNE 2022 SUITE FROM £5100

Depart Hamburg – Bergen – Geiranger* – Alesund – Lerwick – Kirkwall – Portree* – Douglas* – Liverpool

Liverpool to Lisbon, Europa2, 10 days

25 JUNE 2022 SUITE FROM £5280

Depart Liverpool – Isles of Scilly* – Flammouth – Saint Peter Port* – Le Palais* – Saint-Jean-de-Luz* – La Coruna – Lisbon

Lisbon to Malaga, Europa2, 13 days

5 JULY 2022 SUITE FROM £6770

Depart Lisbon – Praia da Vitoria – Horta – Ponta Delgada – Funchal – Porto Santo* – Portimao – Cadiz – Marbella* – Malaga

Malaga to Monte Carlo, Europa2, 8 days

18 JULY 2022 SUITE FROM £4480

Depart Malaga – Ibiza – Palma de Mallorca – Mahon – Marseille – St-Tropez* – Monte Carlo

FARES SHOWN ARE PER PERSON BASED ON A SUITE WITH BALCONY

*Ashore by tender, weather permitting

Call **0844 995 1214** for booking or enquiries



"The MS Europa2 offers a luxury exclusive experience of five star plus cruising."

The Europa2 combines the comfort of an exclusive resort with the flexibility of a yacht that can also visit small harbours and places off the beaten tracks.

Great route diversity opens up whole new opportunities to discover unforgettable destinations.

The Europa2 offers Suite accommodation. All Suites are modern and stylish retreats in which to enjoy relaxing moments.

All Suites have their own balcony and a wonderful ocean view.

With an eye for detail, the Europa2 chefs are constantly opening up new culinary horizons. Enjoy modern creations or timeless classics with flexible mealtimes and no fixed seating plans in the seven gourmet restaurants.

When the curtain rises, an unforgettable evening begins. Great acrobatics, laser shows, comedy, fascinating talks, presentations or

moving music from classic to pop. Be enthralled by the top-class artists and entertainers onboard the Europa2.

Six bars, six stylish locations for celebrating, day and night. Each with its very own, unmistakable atmosphere, from lounge to glamour – the perfect way to round off every evening.

You are guaranteed to enjoy many unforgettable moments on the best cruise ship in the world according to the Berlitz Cruise Guide.

DEPARTURES – 2022

From only £3690 per person

Monte Carlo to Rome, Europa2, 8 days

26 JULY 2022 SUITE FROM £4480

Depart Monte Carlo – Antibes* – Portofino* – Livorno – Portoferraio – Saint-Florent* – Bonifacio* – Sorrento* – Civitavecchia

Rome to Mallorca, Europa2, 9 days

3 AUGUST 2022 SUITE FROM £5010

Depart Civitavecchia – Ponza* – Bonifacio* – St-Tropez* – Bandol* – Tarragon – Mahon – Ibiza – Palma de Mallorca

Mallorca to Civitavecchia, Europa2, 9 days

12 AUGUST 2022 SUITE FROM £5010

Depart Palma de Mallorca – Ibiza – Valencia – Cannes* – Calvi* – Portofino* – Livorno – Porto Santo Stefano* – Civitavecchia

Rome to Venice, Europa2, 12 days

21 AUGUST 2022 SUITE FROM £6510

Depart Civitavecchia – Trapani – Palermo – Lipari* – Messina – Monopoli* – Dubrovnik* – Korcula City* – Pua* – Venice

Venice to Piraeus, Europa2, 11 days

2 SEPTEMBER 2022 SUITE FROM £5720

Depart Venice – Split – Kotor – Kerkyra – Nauplia* – Hydra* – Thira* – Naxos* – Mykonos* – Piraeus

Piraeus to Piraeus, Europa2, 10 days

13 SEPTEMBER 2022 SUITE FROM £5010

Depart Piraeus – Skiathos* – Volos – Kavala – Istanbul – Syros – Thira* – Piraeus

Piraeus to Piraeus, Europa2, 8 days

23 SEPTEMBER 2022 SUITE FROM £3690

Depart Piraeus – Mykonos* – Rhodes – Simi* – Marmaris – Agios Nikalaos – Thira* – Hydra* – Piraeus

Piraeus to Mahe, Europa2, 7 days

1 OCTOBER 2022 SUITE FROM £5026

Depart Piraeus – Suez Canal Passage – Mahe

Mahe to Cape Town, Europa2, 14 days

13 OCTOBER 2022 SUITE FROM £8731

Depart Mahe – Praslin* – Antsirana – Nosy Be* – Richards Bay – Durban – Port Elizabeth – Mossel Bay* – Cape Town

Cape Town to Port Louis, Europa2, 13 days

28 OCTOBER 2022 SUITE FROM £7781

Depart Cape Town – Port Elizabeth – East London – Durban – Richards Bay – Port d'Ehoala – Le Port – Port Louis

Port Louis to Mumbai, Europa2, 12 days

10 NOVEMBER 2022 SUITE FROM £7496

Depart Port Louis – Mahe – Maldives* – Mumbai

Mumbai to Rangoon, Europa2, 14 days

24 NOVEMBER 2022 SUITE FROM £8256

Depart Mumbai – Goa – Cochin – Colombo – Galle* – Hambantota – Trincomalee – Rangoon

Rangoon to Benoa, Europa2, 12 days

8 DECEMBER 2022 SUITE FROM £6261

Depart Rangoon – Mergui Archipelago* – Longkawi – Port Kelang – Singapore – Samarang – Benoa

Benoa to Lautoka, Europa2, 17 days

CHRISTMAS/NEW YEAR CRUISE

20 DECEMBER 2022 SUITE FROM £13390

Depart Benoa – Darwn – Lizard Island* – Cairns – Airlie Beach* – Brisbane – Noumea – Ile des Pins* – Port Denarau* – Lautoka

"The comfort of an exclusive resort with the flexibility of a yacht that can also visit small harbours and places off the beaten tracks."

FREQUENTLY ASKED QUESTIONS

Where and when will my dialysis take place?

Your dialysis will take place onboard the ship in the dedicated dialysis suite. In most cases the dialysis teams try to arrange your dialysis when the ship is sailing to ensure you can make the most of your time ashore.

When will I have my first and last dialysis session onboard?

Your first dialysis session will take place on the day after embarkation. Your last dialysis session will take place the day before you disembark.

How many dialysis patients can be accommodated on each cruise?

Only 4 to 12 dialysis patients can be accommodated during each cruise therefore you are advised to book early to secure your place.

Do I have to spend time with other dialysis patients?

Only if you want to. Your time is free to spend as you wish.

When will I meet the dialysis team?

On the day of embarkation a meeting will be held where you will meet the dialysis team, view the dialysis unit and meet your fellow patients.

How do you know my dialysis prescription?

Prior to your cruise we will contact your dialysis unit to request medical documentation regarding your dialysis requirements. This documentation will be signed by your nephrologist and reviewed by the onboard dialysis team.

Is the ship full of patients on dialysis?

No, dialysis patients make up a tiny percentage of the people sailing onboard the ship. The remaining passengers will not know you are a dialysis patient unless you choose to tell them.

Who will administer my dialysis and will I see the nephrologist?

The dialysis team will be onboard for the duration of the cruise to administer your dialysis and care for you. The dialysis team consists of dialysis nurses and a nephrologist. The nephrologist will visit you during every dialysis session.

What's included in the cruise fare?

All of your food, accommodation and entertainment is included in your cruise fare. Some cruise lines also include free drinks packages, internet access, prepaid gratuities (tips) and shore excursions. As this varies from ship to ship please ask us for further details.

How do I get to the ship?

We have cruises departing from the UK and also departures from ports abroad. Many cruise lines offer dedicated transport within the UK to Southampton and Tilbury, Essex. If your cruise departs from overseas we can arrange flights and return transfers from the airport to the ship.

Will I be able to go ashore?

Yes, you can go ashore. The cruise lines offer many different shore excursions to choose from to help you make the most of your cruise. You can also explore independently.

Can I choose who I dine with on the ship?

Yes, at the time of booking we will ask whether you would like to share a table with other guests and make new friends or whether you would like the intimacy of a table just for two.

If you are travelling as a group we can arrange for you all to dine together. Dependent upon the size of the ship there is usually a choice of different dining venues onboard.

Can I keep to my renal diet onboard the ship?

Your waiter can be your best friend. Let him/her know your preferences at the beginning of the cruise. The dinner menu usually consists of a choice of starter, soup, salad, main course and dessert however you can skip any course you wish.

Usually the menu provides a description of each dish so you can choose or ask the waiter for details. Most diets can be accommodated for including low salt.

How much does the dialysis cost?

The cost of the dialysis onboard ranges from £250 to £599 per dialysis session dependent upon which ship you choose (see page 4).

How much do the cruises cost?

We have many cruises available and the cost of the cruise varies dependent upon the destination, the duration and the ship you choose.

There is sure to be a cruise to match your budget.



"THE CRUISE DIALYSIS LADIES AND OUR CLIENTS ENJOYING CRUISING LIFE"

Can my family come with me on the cruise?

Yes, of course, you can book your friends and family directly with us.

Can I get any help towards the cost of the dialysis?

- ▶ If you dialyse in England you may be entitled to a reimbursement of between £150 and £170 per dialysis session. (See page 4).
- ▶ If you dialyse in Scotland then it is likely your dialysis unit will pay for your dialysis in full.
- ▶ If you dialyse in Wales it is likely the Health Commission Wales will pay for your dialysis in full.
- ▶ If you dialyse in Northern Ireland you will be reimbursed up to the equivalent cost of the dialysis in your 'home' unit
- ▶ If you dialyse in Southern Ireland please check with your Holiday Dialysis Co-ordinator or your private medical insurance.
- ▶ If you dialyse outside of the UK please check with your dialysis unit.

Can I get a grant towards the cost of the cruise?

Many patients apply to Kidney Care UK for a grant towards the cost of their cruise. Grants of up to £1000 are available.



CLOCKWISE FROM TOP LEFT: BOSTON, PORTREE, CAPE TOWN AND CASABLANCA.

Will all passengers onboard be vaccinated against Covid-19?

The majority of cruise lines are stating all passengers must have received both doses of the vaccine more than 14 days prior to boarding. This is a constantly evolving situation and we will advise you of the requirements relating to your cruise.

Who can I contact with any questions?

We appreciate you will have many questions and we will be very happy to help in any way we can. Please email Cruise Dialysis contact@cruisedialysis.co.uk or call 0844 995 1214.



- All fares shown within this brochure are cruise only for the lowest grade of cabin available onboard the ship and do not include flights, transfers or dialysis. Alternative grades of cabin are available, please ask for fares. All pricing is capacity controlled, subject to availability at the time of booking, and can change at any time. Flights and transfers can be arranged at additional cost.
- All bookings are subject to approval from the medical director onboard upon receipt of the patient's medical information. All dialysis places are allocated on a first come, first served basis.
- All fares shown are per person based on 2 people sharing. Single occupancy cabins are available, please enquire for fares.
- Fares apply to dialysis patient and accompanying guest. A dialysis arrangement fee/medical processing fee will be added to all bookings.
- All bookings are subject to the operator's terms and conditions - please refer to the relevant brochures/website for details.
- Our currency conversions translate Euros or Dollars into GB Pounds. Currencies fluctuate continuously, and these conversions are only approximate and are subject to change.
- All deposits and final payments must be made in Euros or Dollars by credit or debit card or bank transfer as requested
- Royal Caribbean, Celebrity Cruises and Ambassador Cruise Line will add a service charge each day to each guest's onboard account.
- Your cruise, transfers, flights and hotel are booked separately and therefore does not constitute a package holiday and does not include package holiday protection.
- The cruise lines have the right to omit or substitute any ports, call at additional ports, vary the order for ports, change the time of arrival at, departure from or time spent at any port of call, deviate from the advertised itinerary in any way or substitute another ship. Where possible, you will be advised of any significant change to your confirmed itinerary before departure however you are also advised to check the cruise line websites or contact us for up to date information.
- ESTA: If your travel arrangements have a scheduled stop in the United States, you are required to obtain approval to travel, through the Electronic System for Travel Authorisation (ESTA). If you do not hold a full British Citizen Passport or a passport from another country eligible for the Visa Waiver Programme, your situation may be different and you should seek further advice. Travellers without ESTA permission will be turned away at check-in so it is important to do this before you travel.

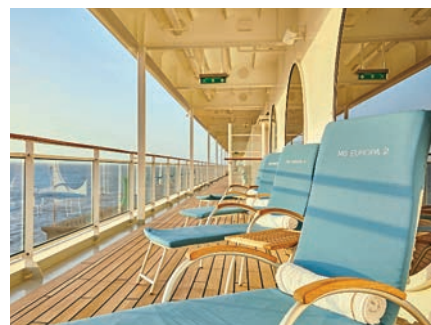
YOU NEED TO KNOW

- Your specific passport and visa requirements, and other immigration requirements are your responsibility and you should confirm these with the relevant Embassies and/or Consulates. Neither we nor the supplier accept any responsibility if you cannot travel because you have not complied with any passport, visa or immigration requirements. It is very important that you check <http://visacentral.co.uk/> for current visa information as regulations can change. If you wish to take part in an organised shore excursion when visiting the Egypt, Russia, Libya or Lebanon during your cruise, you may be covered by a group visa (applies to UK citizens only)
- Travel involves the risk of a variety of hazards to health and/or safety, including but not limited to, injury, illness, disease, epidemics, and/or pandemics. We have no control over the associated supplier's policies which, in addition to applicable law, will solely govern any cancellation, rebooking and refund related to these travel arrangements.
- Many of the travel arrangements that we sell are protected in case of financial failure of the travel company. Please ask us about the protection that applies to your booking.
- In order to process your booking and meet your requirements, we must pass your personal details on to the relevant suppliers of your travel arrangements. We would also like to hold your information (including any email address), where collected by us, for our own future marketing purposes (for example, to inform you of promotional offers or to send you our brochure). If you do not wish to receive such approaches in future, please inform us as soon as possible. For full details of our data protection and privacy policy, and an explanation of how your personal details will be used by us, please refer to our privacy policy at www.cruisedialysis.co.uk
- The images used in this brochure are to provide a guide only. The ships accommodation/dialysis unit/cabins may differ from the photographs shown.
- The ports denoted by * are tender ports. A tender port is where your ship drops anchor offshore and shuttles passengers to and from the port of call using smaller "tenders", or boats.
- At the time of going to press NHS England continue to reimburse approximately £150 per dialysis session if the majority of the ports of call visited are within the EEA.

2022 HAEMODIALYSIS CRUISE COLLECTION

For individuals who require dialysis, cruises offering haemodialysis onboard ensure you can enjoy a relaxing cruise with your loved ones regardless of your medical condition. This is a fantastic way for dialysis patients to visit some of the most beautiful and exotic destinations in the World and experience the luxurious splendour of some of the seas' most celebrated cruise ships.

Cruise Dialysis offers you the opportunity to see the world and visit places you have always dreamed of. Unforgettable events, interesting destinations, wonderful dining and entertaining shows all offered from the comfort of your wonderful cruise ship with Haemodialysis Onboard.



SOUTHAMPTON AND LONDON TILBURY DEPARTURES – BRITISH ISLES – DOURO RIVER – MEDITERRANEAN – GREEK ISLANDS – CANARY ISLANDS – ICELAND – NORWEGIAN FJORDS – BALTIC & ST PETERSBURG – CARIBBEAN, BERMUDA & BAHAMAS – USA, CANADA & ALASKA – PANAMA CANAL – PACIFIC COAST – AUSTRALIA & NEW ZEALAND – SOUTH AMERICA

Cruise Dialysis Limited

www.cruisedialysis.co.uk Email: lisaparnell@cruisedialysis.co.uk

Tel: 0844 995 1214

Reg No: 09836702

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